

Frosh/Soph Physical Education – 3rd Quarter

Mr. Hillman

Mr. Kline

Mrs. Zum Mallen

All class materials will be provided for PE. Personal sports equipment may be brought to class with instructor permission.

The frosh/soph program places emphasis on team sports. These include a combination of soccer, field hockey, fitness testing, and fitness activities.

3 rd Quarter
Pickleball
Volley Tennis
Fitness Concepts
(overview)

Objectives:

- Students will perform the skills necessary for successful participation in a variety of individual and team sports.
- Students will demonstrate knowledge of rules and strategies for each unit of study.
- Students will follow basic class rules for participation, cooperation and teamwork.

PE units are graded according to the following:

Skill	20% ... includes skill test(s) and observation of game play
Written	30% ... includes quiz, written test, homework (if applicable)
Participation	50% ... Each student begins with an A+ in participation!
Final Exam	20% of semester grade ... in May.

Follow the class rules for participation and your participation grade will stay an A+.

1. Be in class. Attendance is very important.
2. Be on time (to the locker room and to attendance lines).
3. Wear the correct PE uniform: white t-shirt, solid color shorts, white socks and gym shoes
4. Follow directions ... participate fully in warm-ups and all activities.
5. Be a good sport ... be respectful to classmates and teacher

Make-up Work:

A student who is absent from class for any reason (even excused absences) needs to complete make-up work to earn daily participation points. See attached sheet for guidelines for making up participation points. A student with a planned absence should speak to the teacher prior to the absence.

Activity Missed	Items to be Made-up	When/How
Daily activity	Participation points	Activity Make-up (before or after school) See back of syllabus.
Quiz/Test/Skill test	Quiz/Test/Skill test	In class on day of return or during Studyhall. before or after school.
Extended absence due to illness	Participation points and/or other ...	Activity make-up and/or written work will be assigned

Physical Education Participation Policy Activity Make-up

- **Make-up periods:** Thursday 3:10 – 3:45 pm
Mon – Friday 7:05 – 7:45 am ... meet in the big gym with the early bird class – check in with Mr. Johnsen or Mr. Hillman
- **Make-up procedures:**
 - Student should be dressed in PE clothes at the designated time.
 - Student must sign in to get credit for the make-up.
 - Activity will be designated by the supervising teacher.
- **Absence** (excused or unexcused)
 - Student has 10 days in which to make-up the participation points during an activity make-up period
- **Medical Excuse**
 - Alternative assignments/assessment will be given to students who are unable to participate in physical activity.
- **Failure to dress for PE**
 - Students will be docked 8 points from the weekly participation grade.
 - Students will stay in class and be given a written assignment to be completed in class.
 - Successful completion of the written assignment will earn back three of the eight points.
 - A parent contact will be made after the second “no dress” of the quarter.
 - The third and subsequent “no dress” of the quarter will also result in a referral.

Physical Education Participation Code (50% of grade)

15 points per week

-2 excused absence *Students may do make-up work to earn back
-5 unexcused absence these deductions.
-2 visit to nurse (no note)

-8 truancy
-5 referral (for either 3rd no dress or discipline reasons)
-1 tardy
-8 no dress *3 points can be earned back by completing written assignment
-2 improper dress
-2 poor participation
-0 medical excuse (Alternate assessment will be assigned)